

Health and Wellness Action Team: Evidence-Based Practices to Promote Health

October 1, 2014

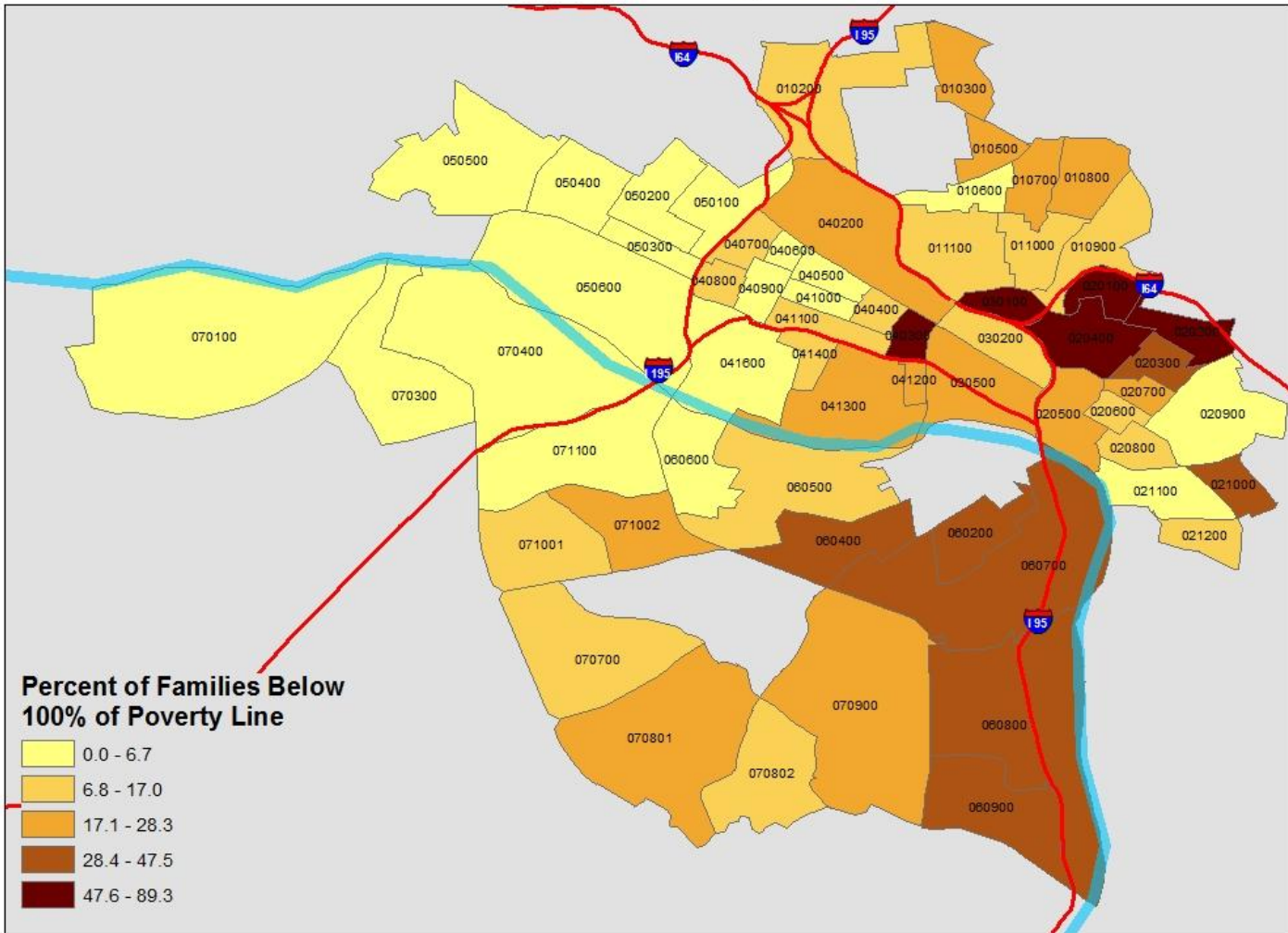
Peter Paul Development Center

1708 North 22nd Street

Richmond, VA – 23223

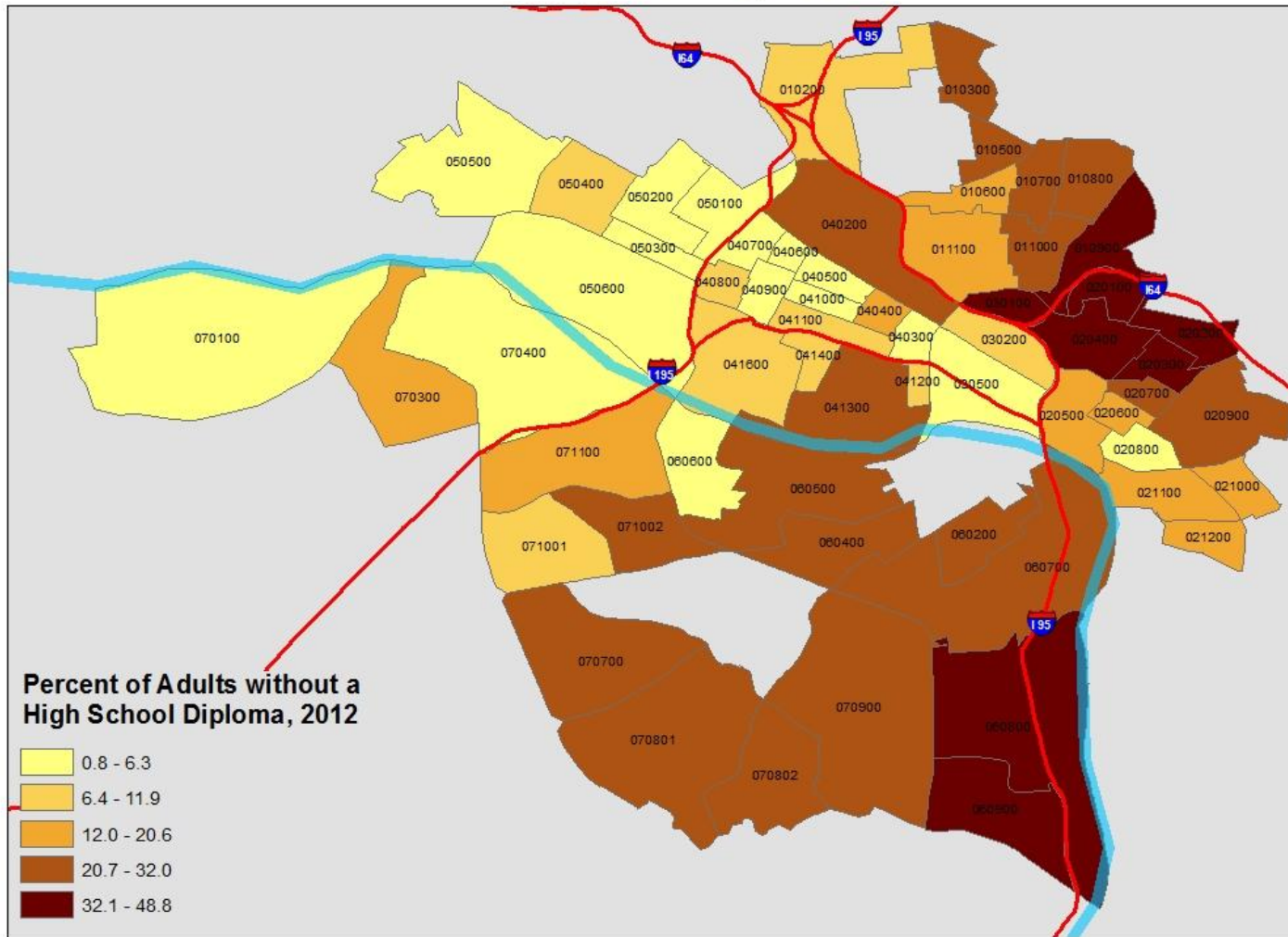
Poverty in Richmond, VA

Richmond, VA



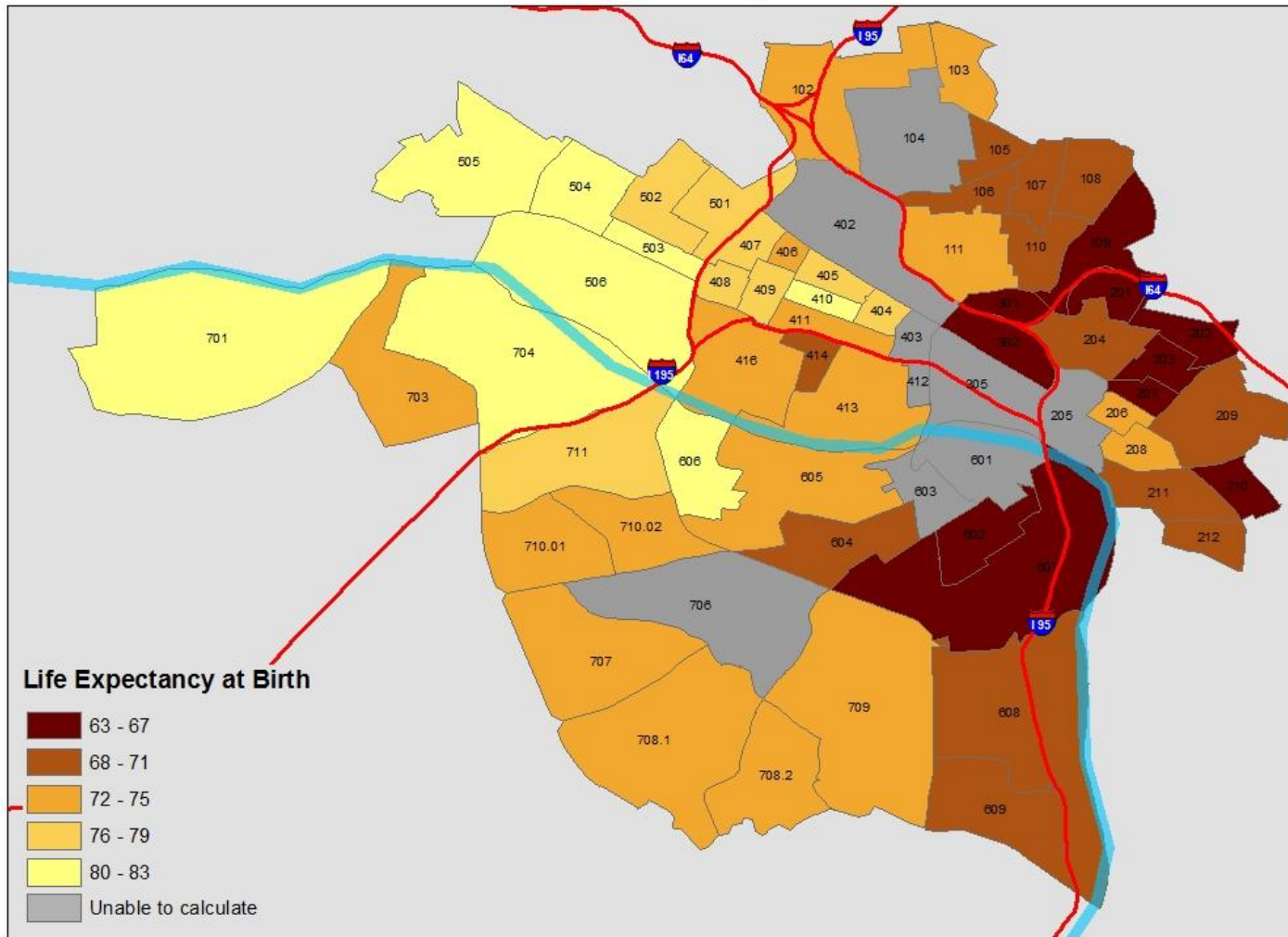
Educational Attainment in Richmond, VA

Richmond, VA



Life Expectancy in Richmond, VA

Richmond, VA



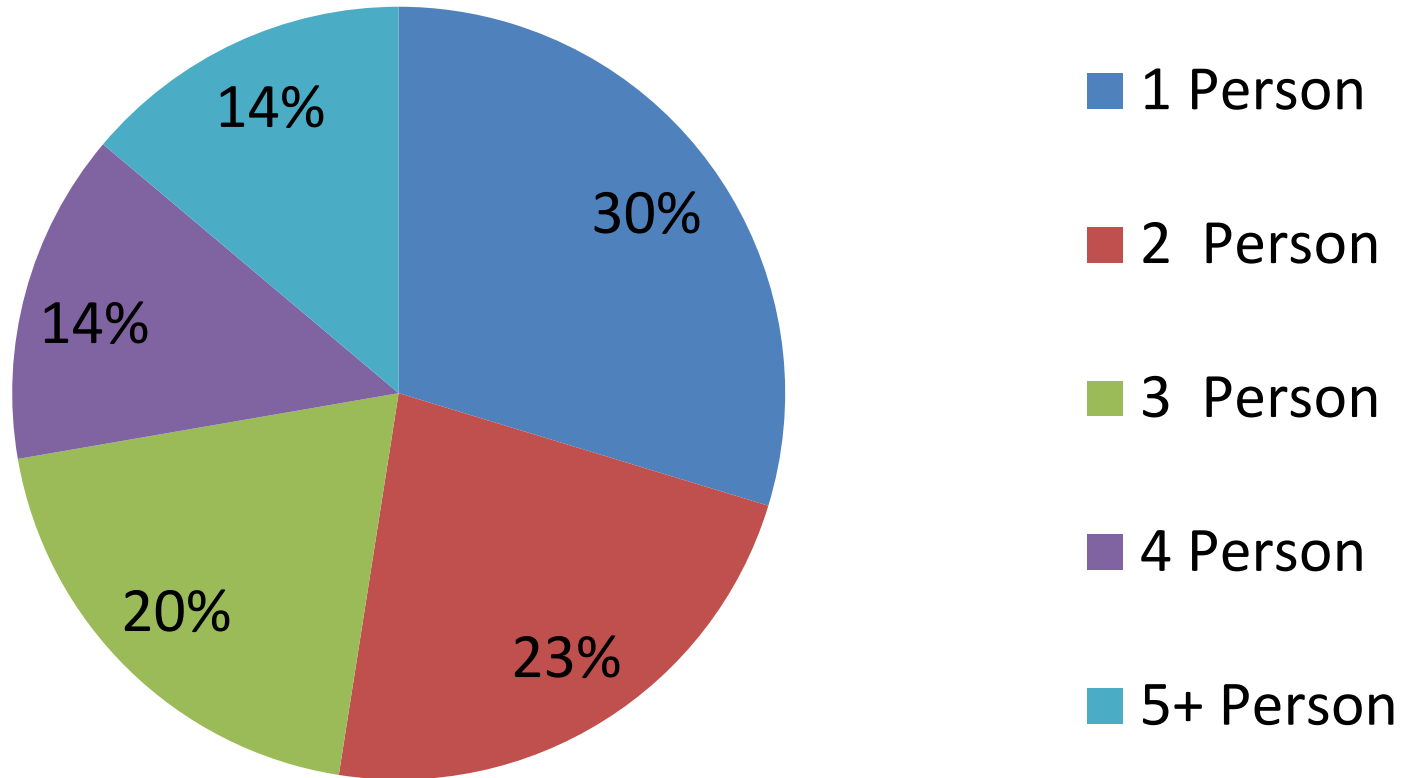
Demographic Profile for RRHA Communities

HUD Family Report, June 2014

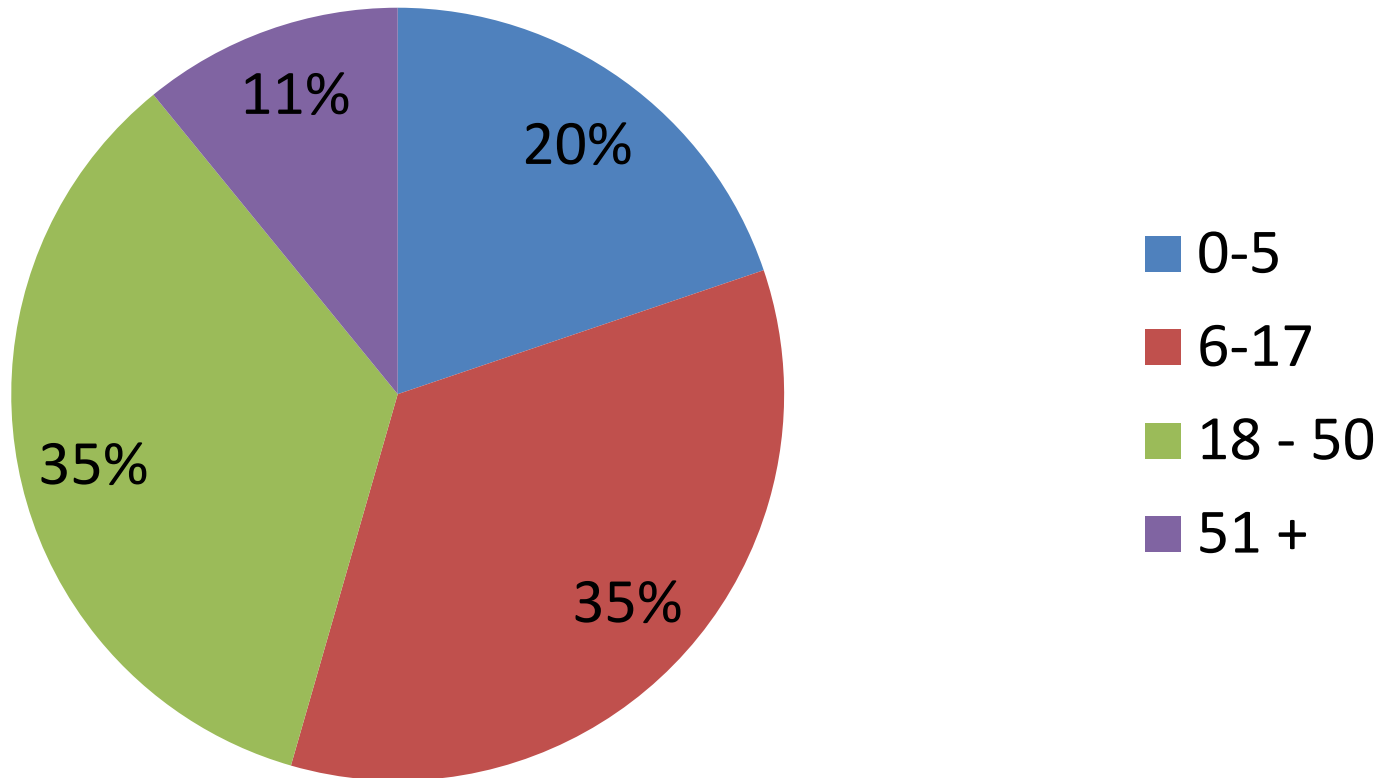
Creighton Overview

- Number of individuals 1,324
- Number of units 504 (501 occupied)
- Average household size 2.6
- Average annual income \$8,485
- Average Total Tenant Payment \$199/month

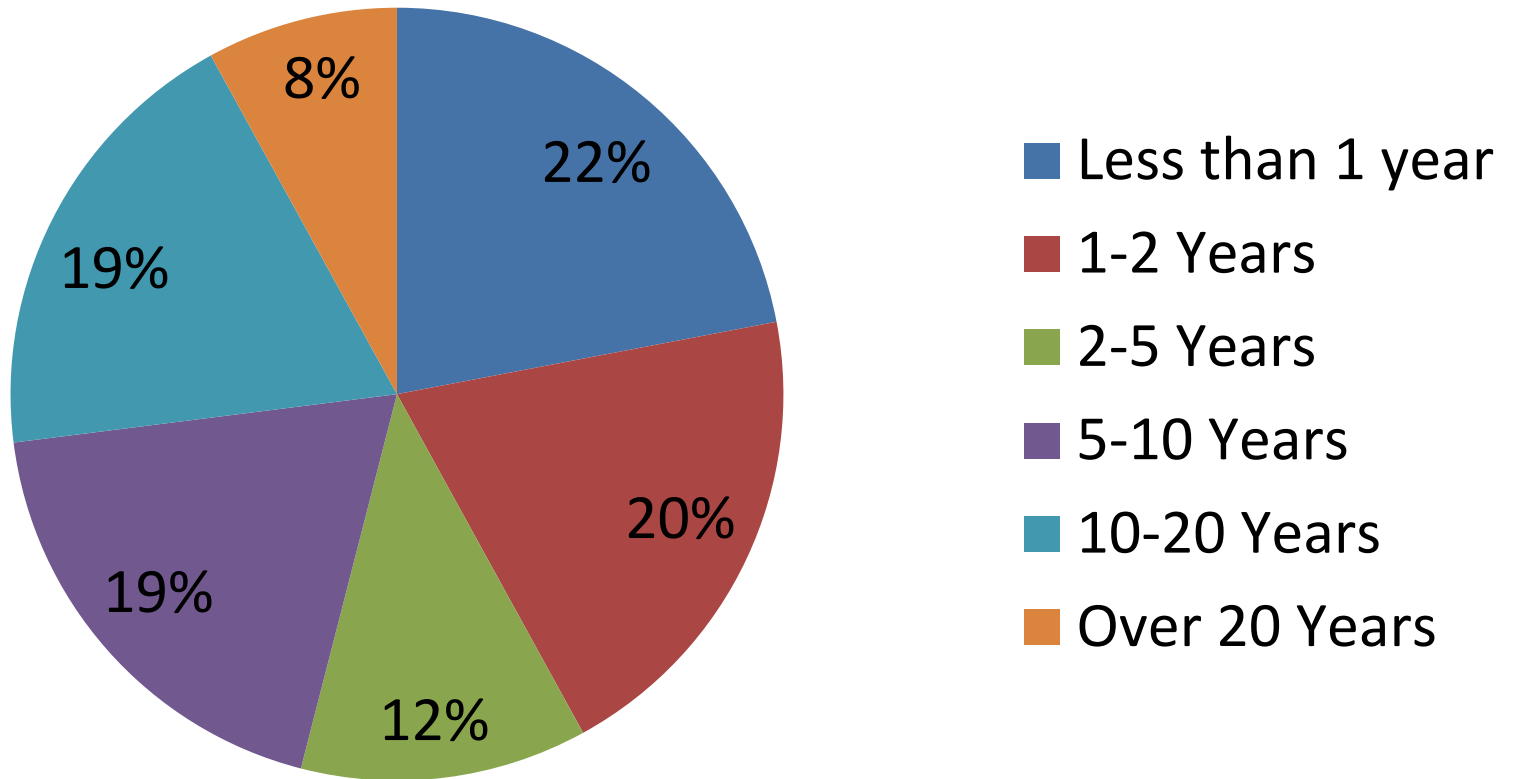
Household Size



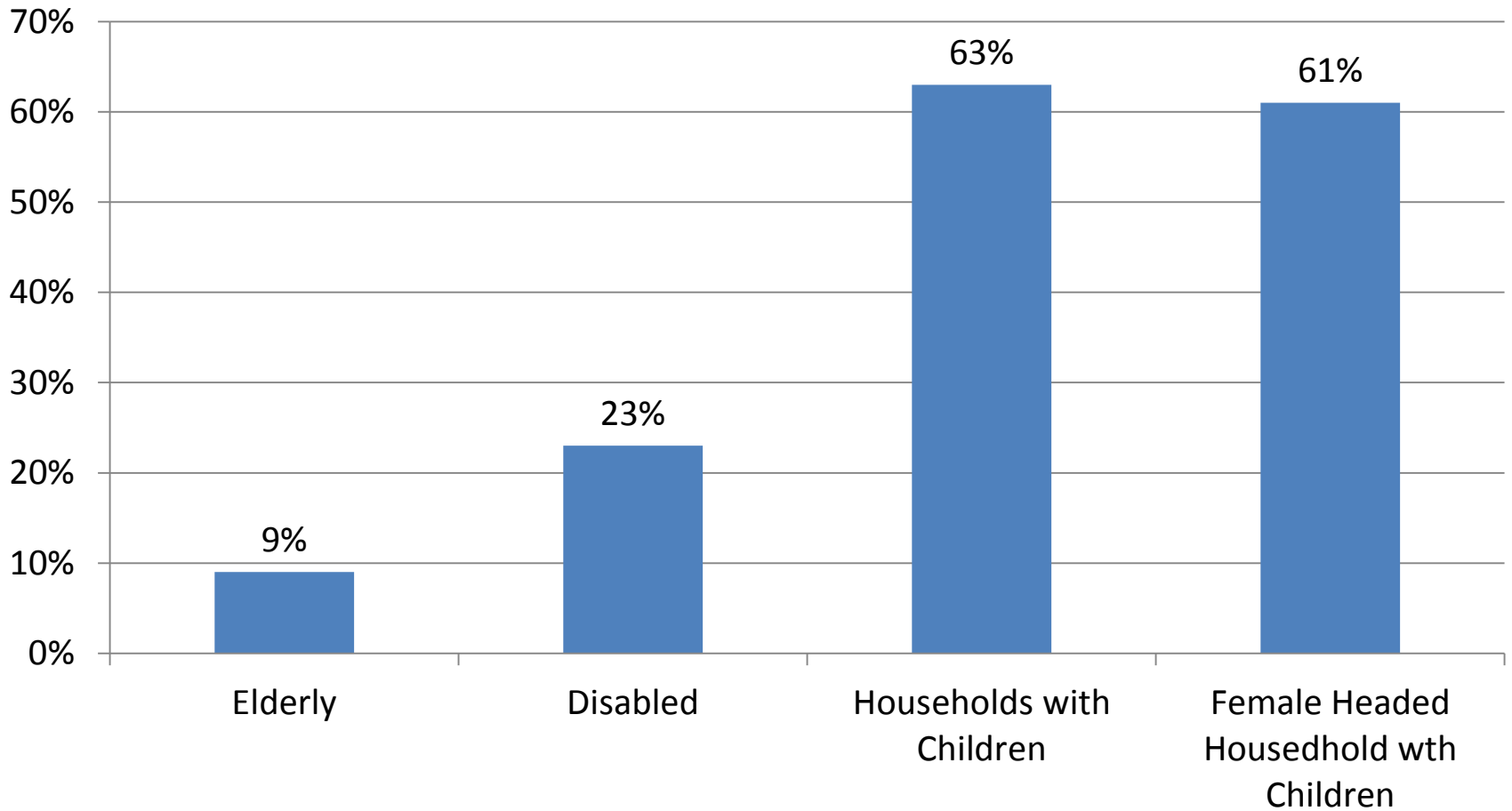
Age Distribution



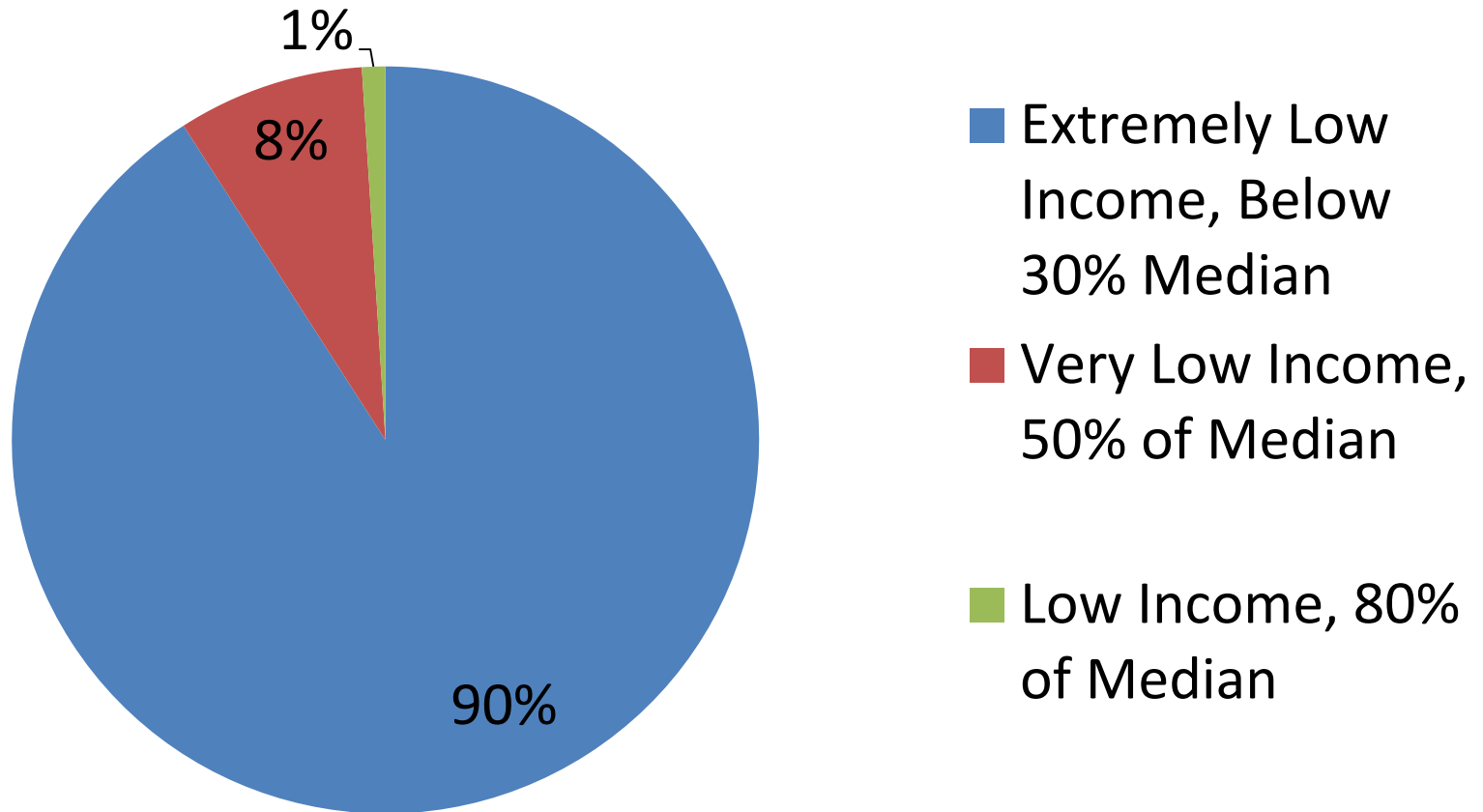
Duration of Stay



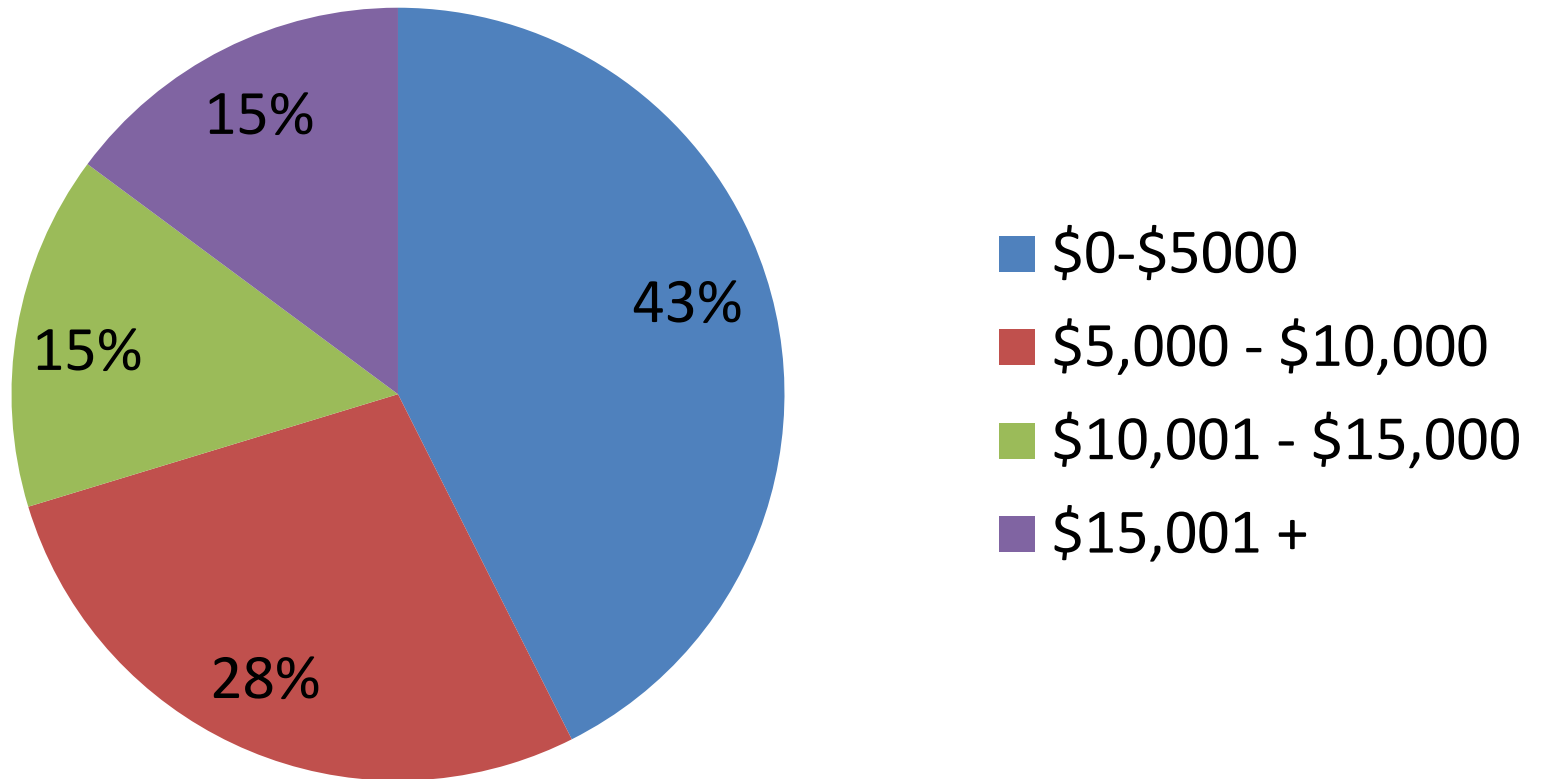
Vulnerable Populations



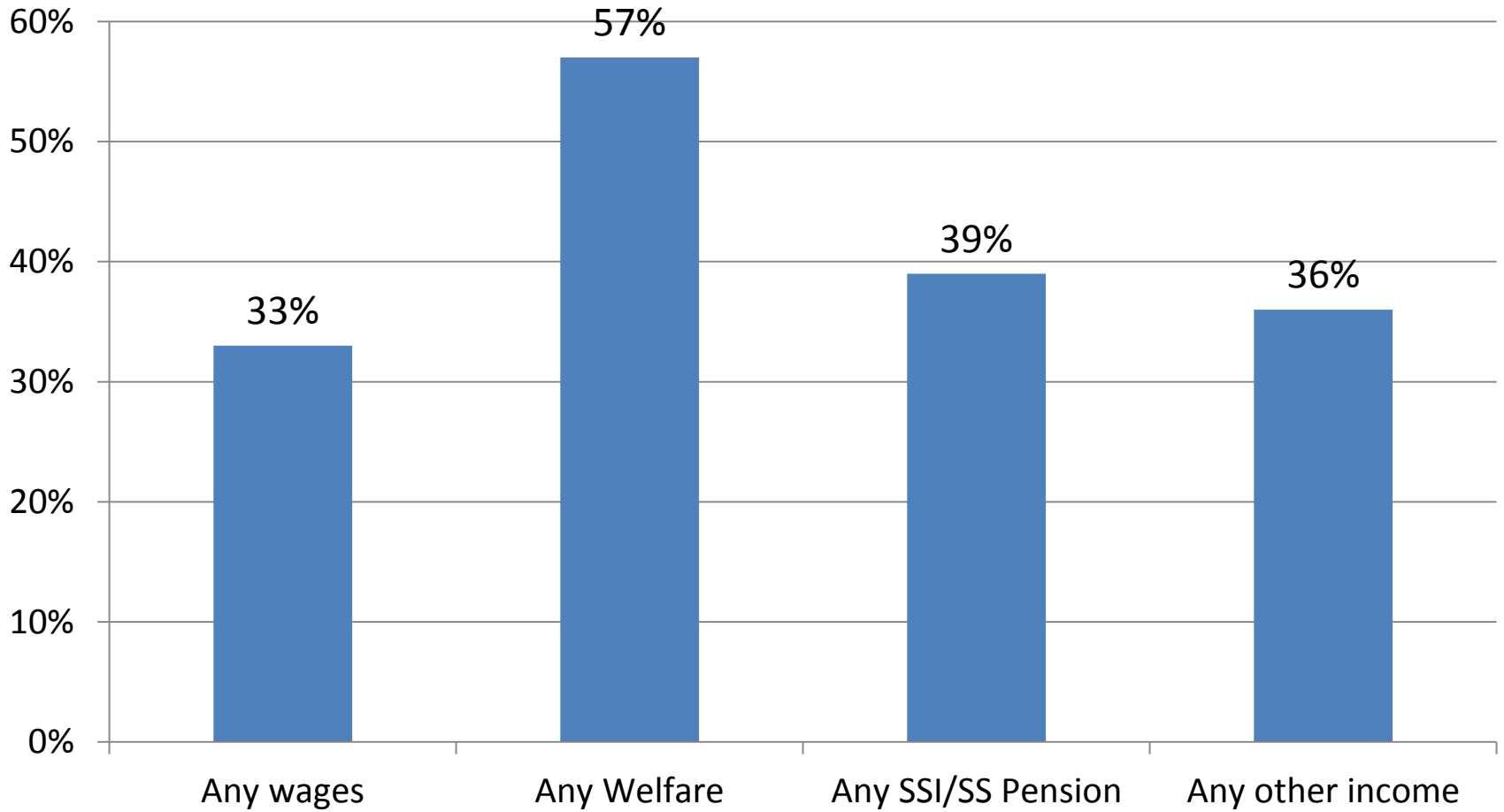
Income to Poverty Ratio



Household Income



Sources of Income

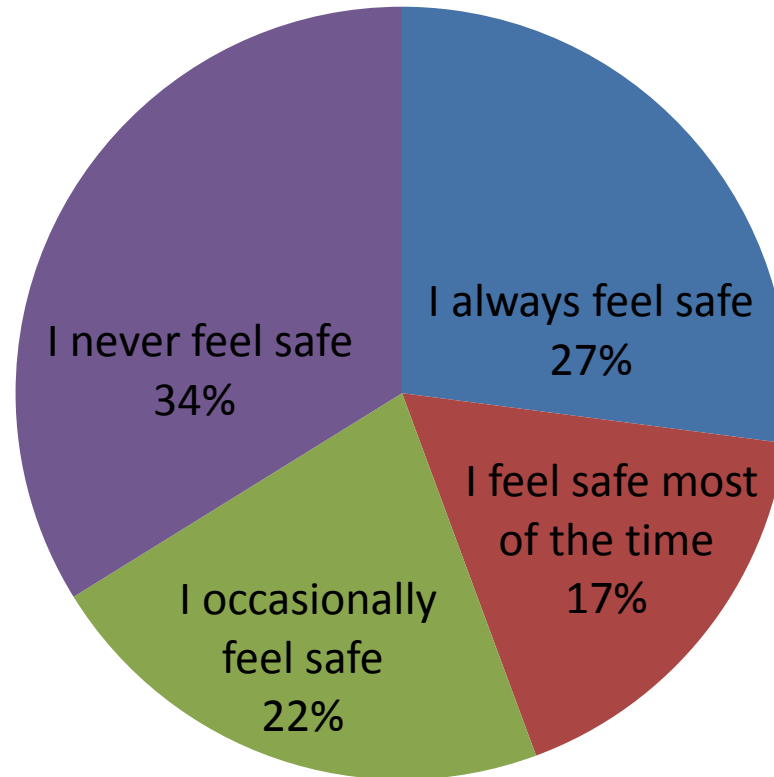


Creighton Court Needs Assessment (Preliminary Data)

Health Conditions

Resident Health Conditions	# Adults	# Children
1. ADD/ADHD	6	18
2. Allergies	38	34
3. Alzheimer's Disease or Dementia	0	0
4. Ambulatory (relating to walking) or other physical disabilities	11	2
5. Arthritis	26	1
6. Asthma	31	37
7. High Blood Pressure/Hypertension	49	0
8. Cancer	7	2
9. High Cholesterol	18	0
10. Depression	34	3
11. Diabetes	13	0
12. Fatigue/Low Energy	10	0
13. Heart Diseases	5	1
14. Lead Poisoning	0	0
15. Lung Diseases	1	1
16. Overweight or Obesity	14	0
17. Other	15	4

Resident Feelings of Safety at Night



VCU Health Systems Data

Enterprise Analytics, compiled by the
Office of Health Innovation

April 2014

Top 10 diagnoses

Mental health	27%
Hypertension	26%
COPD	15%
Asthma	12%
Diabetes	15%
Substance abuse	4%
Mental health and substance abuse	4%
Dermatology	3%
Congestive heart failure	5%
Drug use	2%

Community Health Needs Assessment

Bon Secours, Richmond Community
Hospital, 2010

Health Concerns

Top 5 Important Community Health Concerns Identified by Survey Respondents		
Answer Options	Response Percent	Response Count
Adult Obesity	76%	107
Diabetes	67%	95
Mental Illness	63%	89
Heart Disease & Stroke	60%	84
Childhood Obesity	56%	79

Prevention Quality Indicator Hospital Discharges, 2010		
Indicators	Study Region	Virginia
Top 5 PQI Discharges by Diagnosis	8,640	81,070
Congestive Heart Failure	2,237	19,062
Diabetes	1,470	11,166
Bacterial Pneumonia	1,163	14,845
Urinary Tract Infection	1,157	10,331
Adult Asthma	964	6,313

Richmond Community Hospital Priorities

Two priorities were identified:

- Adult and childhood obesity
- Mental Health

Concerns from the Informed Neighbors Corps

- Substance abuse
 - Need for confidential programs and services
 - Prevention education for youth
 - Intervention programs for youth and adults
 - Substance abuse counseling including peer counseling
- Crime and public safety
- Trauma informed mental health care
- Asthma
- Services and resources inside the community
 - Pharmacy
 - Fresh produce
 - Green space and recreational facilities
 - Access to urgent care for children and pregnant women

Evidence-Based Practices

Wraparound Models

- The Chicago Family Case Management Demonstration
- Housing Opportunity and Services Together (HOST)
- Bridges - Trauma Informed Community Building
- Mercy Housing

Relocation

- Chicago Family Case Management Demonstration, “Hard to House”
- Enhanced mobility counseling
- Relocation rights contract
- Service engagement

Physical and Mental Health

- Clinical mental health counseling
- Substance abuse treatment
- Hot Spotters

Socio-economic health

- Opportunity Chicago: Transitional jobs program
- Financial literacy training

Youth

Best Practices

- Support services

Other potential topics

- Early Childhood home visitation model
- Rewards program (Chicago Pathways to Reward)
- Asthma
- Chronic disease prevention (obesity, diabetes)
- Violence (Sexual health and safety)
- Food insecurity